

2025-2026

**SHERIDAN AMATEUR HOCKEY
ASSOCIATION HANDBOOK**



CONTACTS

SAHA BOARD:

President:

Jarad Koltiska 307-751-6468 jkoltiska@sheridanamateurhockey.com

Vice-President / Referee in Chief:

Cliff Saner 307-399-0797 csaner@sheridanamateurhockey.com

Secretary:

Colby Garriffa 307-751-2513 cgarriffa@sheridanamateurhockey.com

Treasurer:

Don Gould 307-752-3139 dgould@sheridanamateurhockey.com

Board Member / Safesport Coordinator / Gamesheet Coordinator:

Mercedes Biteman 307-752-2827 mbiteman@sheridanamateurhockey.com

Equipment Manager / Jersey Manager:

Jay Charlebois 307-751-6790 jcharlebois@sheridanamatuerhockey.com

Scheduler / State Tournament Director

Alexis Nikirk 307-752-9460 anikirk@sheridanamateurhockey.com

Communications Director

Elizabeth Brown 307-752-2575 ebrown@sheridanamateurhockey.com

Board Member

Ryan Johnson 307-461-7728 rjohnson@sheridanamateurhockey.com

NON-VOTING PERSONNEL:

Director of Player Development / Coach-in-Chief:

Cameron Dimmitt 517-894-4599 cdimmitt@sheridanamateurhockey.com

SECTION 0

GENERAL INFORMATION & BOARD MEETINGS

SAHA Board meetings are scheduled the first Monday of each month at 7:00 pm and are held in the Garrison Room at Sheridan Ice. SAHA reserves the first portion of the meeting for public comment/discussion. The Board will go into executive session as soon as public comment has completed. Board meeting agendas and minutes are available upon request to the Secretary of the Board.

The SAHA Board reserves the right to amend this Handbook at anytime throughout the season through majority vote. Any changes to this document will be shared with all members.

SECTION 1

PROGRAM PURPOSE

The purpose of the Sheridan Amateur Hockey Association is to promote hockey and fundamentals of the game for the youth of Sheridan and Johnson Counties.

Mission: To help our youth develop into positive and productive members of society.

Vision: To represent our community, ourselves, and the sport of hockey in the highest regard in terms of sportsmanship, player development, teamwork, enjoyment, citizenship, and integrity.

SECTION 2

TEAMS

There are seven divisions in the program: 6U, 8U, 10U, 12U, 14U, Girls (19U) & High School (18U). Players must turn this age by December 31st.

DATE OF BIRTH	AGE AS OF DEC 31ST	AGE DIVISION
2007	18 Years	18U – Highschool
2008	17 Years	18U – Highschool
2009	16 Years	18U – Highschool
2010	15 Years	18U – Highschool
2011	14 Years	14U – Bantams
2012	13 Years	14U – Bantams
2013	12 Years	12U – Peewees
2014	11 Years	12U – Peewees

2015	10 Years	10U – Squirts
2016	9 Years	10U – Squirts
2017	8 Years	8U – Mites
2018	7 Years	8U – Mites
2019	6 Years	6U – Mini-Mites
2020	5 Years	6U – Mini-Mites

SECTION 3 **EQUIPMENT & JERSEYS**

3.1 – JERSEYS & SOCKS

- a. Game jerseys will be loaned to 10U players and returned to SAHA at the end of the season. If game jerseys are not returned, that family will be charged \$150.
- b. Game jerseys are required to be purchased for 12U, 14U, 18U, and 19U girls.
- c. Game socks are required to be purchased for all traveling age levels (10U, 12U, 14U, 18U, and 19U girls)
- d. Practice jerseys are required for each player and shall be purchased during registration.
- e. NOTE: Players are not allowed to wear non-SAHA team gear, apparel, or equipment at SAHA events, practices, and games. Any player that has chosen to wear non-SAHA gear will be asked to leave practice and/or games to change.

3.2 – EQUIPMENT

All players must have the following gear to play ice hockey. Sheridan Ice does offer rental gear options. Families in need of renting gear must reach out to a board member for assistance.

- a. Skates
- b. Sticks
- c. Helmet- HECC approved
- d. Mouth guard (required)
- e. Neck guards (required in all practices and games)
- f. Breezers/Padded hockey pants
- g. Cup & Supporter Garter belt or Spandex shorts that fasten socks
- h. Equipment bag
- i. Shoulder Pads
- j. Shin pads
- k. Elbow pads and
- l. Gloves

3.3 – JERSEY NUMBER DESIGNATION POLICY

At the time of registration, the player/member will provide their size requested and their top three (3) jersey number choices. SAHA will do its best to accommodate a player's selected numbers, however, SAHA's decision on the number issued to each player will be final and a player may not receive one of their selected numbers. When determining a player's number, SAHA will consider the following for priority:

- a. Seniority which is defined as a player with more consecutive years of registration with SAHA and meets the following criteria:
 - i. They sign up during early registration.
 - ii. Have more years of continuous registration with SAHA; and,
 - iii. Are in good standing with SAHA.

In the event of two players selecting the same jersey number who have equal years of continuous registration with SAHA, the decision will be made a coin flip with both parties agreeing to who will make the call prior to the coin flip. There will be no repeat jersey numbers within four (4) birth years to avoid conflicts at the Bantam/JV/Varsity levels.

This applies to 12U age groups and above. 10U will not choose their jersey numbers.

SECTION 4 **REGISTRATION & FEES**

4.1 – REGISTRATION DEADLINES

Registration deadlines are as follows:

- Early registration opens June 15. Early registrants save \$50
- Early registration closes July 5.
- Late registration begins August 1. A \$50 late fee will apply to late registrants.
- Registration remains open until August 15. This is the final day to register.

The registration deadline allows the board time to analyze the registration numbers to make proper team declarations and determine how many teams there will be at each age level. Team declarations are due to WAHL (Wyoming Amateur Hockey League) by September 10.

4.2 – REGULAR SEASON FEES

The following fees have been set for the 2025-2026 season. These fees include membership in Sheridan Amateur Hockey Association/WAHL. These fees DO NOT include USA Hockey registration fees.

Age Group	SAHA/WAHL Registration
6U – Mini Mites	\$150.00
8U – Mites	\$200.00
10U – Squirts	\$525.00
12U – Peewees	\$650.00
14U – Bantams	\$700.00
18U – Highschool	\$750.00
19U – Girls	\$700.00

Online registration will be conducted through LeagueApps. Payment plans are available if selected by the player's parent/guardian. Cash/Check are accepted forms of payment. Please reach out to a board member to coordinate cash/check payments.

*Any player approved for playing up or double rostering will pay the fees for the age level/s they play at.

4.2.1 – WAHL FEES

Registration includes fees for each player in each division 10U to 19U that cover Wyoming Amateur Hockey League administrative costs.

4.2.2 – PLAYERS NOT IN GOOD STANDING

Any player that fails to pay their registration fee or fails to pick-up and/or return their wreath packet (See Section 10 – Fundraising) will be deemed to be a player Not in Good Standing. A player Not in Good Standing will not be allowed to participate in SAHA activities until their status is cured. Additionally, any player Not in Good Standing with SAHA will not be released to participate in any other USA Hockey activity until their status is cured including Team Wyoming and other tournament travel teams, Wyoming Development camp, or any other USA Hockey sanctioned activity.

4.2.3 – SIBLING DISCOUNT

Families with multiple siblings will receive an automatic 25% discount on any subsequent registrations for ages 10U and above. Families shall register their oldest child first and pay full price at the oldest age level. Sibling discounts do not apply to Mini-Mites (6U) and Mites (8U).

4.2.4 – GOALIE DISCOUNT

In order to offset increased costs of outfitting goalies with gear, SAHA will offer a 50% discount to goalies in our program for 12U and above. During registration, please reach out to the Board President for a discount code.

4.3 – OTHER REGISTRATION REQUIREMENTS

Players are required to register within their age group they are eligible for. No exceptions.

SAHA will only allow residents that live in Sheridan or Johnson County to register for our program.

4.4 – REFUND POLICY

SAHA will refund 100% of registration fees prior to November 1st. Refunds of 50% will be considered up to December 31st. No refunds will be granted after December 31st.

Season ending injuries do not apply and will be prorated after November 1st depending on the time of the injury.

4.5 – PRACTICE-ONLY PLAYERS

In certain circumstances, families may request to register a practice-only player at their specific age group. These players will be given a 1/3 discount on full registration fees. Please contact the president for this request.

SECTION 5 **PARTICIPATION & TEAM MAKEUP**

5.1 – PHILOSOPHY

The philosophy of SAHA is that the development of each and every player is of prime importance and that a player should not go for any extended period without skating a regular shift. The goal is to provide equitable time, not equal. It is important to know that the coach has the right to juggle personnel in certain crucial situations. Examples: Power plays and win-lose situations.

The following rules apply when determining team declarations. “A” and “B” designations may change each year due to player numbers at each age level.

- 10U Coed – evenly split “B” teams
- 12U Coed – one “A” team and evenly split “B” teams
- 14U Coed – one “A” team and evenly split “B” teams
- 18U Coed – one Varsity team and one Junior Varsity team
- 19U Girls – one “A” team

Team declarations and player movement (i.e. double rostering or skating up) are made on a year-to-year basis and are always based on organizational need as determined by the SAHA Board.

5.2 – HIGH SCHOOL/18U

Game rosters will be selected by the head coaches and submitted by designee for approval to the registrar. The goal is to build the high school program for competition at the high school level. Player movement will occur between Varsity and Junior Varsity teams at this age level.

5.3 – SKATING UP

The consideration of skating up is a matter that is only entertained when there is a genuine need. SAHA strongly recommends the promotion of players to higher age levels only when there is an organizational need, rather than just an individual desire. Organizational need will be viewed separately between goalies and skaters. Whether there is an organizational need is in the sole discretion of the SAHA Board. In considering whether there is an organizational need, SAHA will not allow player promotions should that have any adverse effects on the age level that the player is currently participating in or may participate in if promoted. If such a need arises, it becomes the responsibility of the Coach-in-Chief to facilitate a tryout process at the affected age levels where players skating up will be able to showcase their skills. Once the tryout process is concluded and the player or players have been carefully selected, it is then the duty of the Coach-in-Chief to make the recommendation to the SAHA Board for approval.

Example:

At the 12U level, we currently possess teams with exceptionally deep benches, which unfortunately limits the amount of shifts the players are able to experience. Conversely, at the 14U level, we find ourselves facing a shortage of players. In the unfortunate event that one or two players are not able to travel with the team for any number of reasons, we may find ourselves in a position of having to forfeit games, and potentially even the entire season. It is under such circumstances that the need for a player to skate-up becomes apparent, as it may be the only viable solution to ensure the continuation of our team's participation in the league.

The number of players approved to skate up is in the sole discretion of the SAHA Board. Parent requests or individual requests to skate up will not be considered.

5.4 – DOUBLE ROSTERING

The consideration of double rostering is a matter that is only entertained when there is a genuine organizational need. The purpose of double rostering is to ensure that any one team in a division has an adequate number of players rostered for games. The purpose is not to load a team or cripple numbers on another team. Double rostering is a necessary tool in relatively small hockey programs (like SAHA) to provide enough players for a season. Double rostering shall not be used to displace kids from their core teams. Should both divisions be scheduled to play at the same time / weekend, that

player will play for their age specific core team first. Practice times of double rostered players will also give preference to their core team. The decision on whether to double roster and who to double roster will vary year to year and within age groups and all depends on the need. The "Double Roster" process will include the following items:

- For an individual to skate up or double roster, there must be an organizational need. This is determined by the SAHA Board.
- The player must be in the second year of participation of their current age bracket to be considered.
 - Exceptions: 14U/Bantam players must be in 9th grade to be eligible to skate up or double roster with the high school team.
- The player and parents must understand and agree that his/her age bracket will take precedence. When girls double roster between 19U Girls and a coed team, the 19U Girls shall take precedence.
- The SAHA Coach-in-Chief and both age level coaches must approve all player movement.

SAHA will not entertain individual double roster requests at any time. SAHA reserves the right to, at any time, reverse a skate up or double roster decision for a particular player that is experiencing difficulties at the higher age level, affecting their level of play and dedication at the lower age level, or for any other circumstances that warrant the decision to be reversed.

5.4.1 – GIRLS AND DOUBLE ROSTERING

Per the WAHA Annual Guide, Wyoming Amateur Hockey League Rules and Regulations, Section IX-Registration, Part b.v: *Female players are eligible to participate on all teams but must follow USA hockey age requirements.*

5.5 – PRACTICING WITH OTHER AGE GROUPS

No player will be allowed to practice with a different age group other than the age group they are registered for except for special events, such as camps, combined practices, or other practices as determined by the SAHA Board.

5.6 – TRYOUT PROCESS AND TEAM SPLITS

In the event that multiple teams are required at a certain age level, a tryout process will occur at ages 12U and above. During the first 2 to 3 weeks of regular scheduled practice, independent evaluators will evaluate the players based on individual skill. Teams will then be split per the evaluations with the head coach's approval.

At the high school level, if a varsity and junior varsity team is declared, the head coaches at that age level shall have full control of their team makeup. Independent evaluators will not be used at this age level.

After an age group is split into respective teams, the SAHA Board and the Coach-in-Chief will not entertain meetings, emails, phone calls, or complaints on the evaluations or any other form of disagreement.

SECTION 6 **COACHING**

The Association provides a coach for each team. The coaches will:

- Teach hockey skills
- Teach fundamentals of the game
- Promote sportsmanship
- Maintain discipline
- Follow all USA Hockey Rules and SafeSport Guidelines

Coaches have the authority to expel a player from the game or practice for disciplinary reasons. Fighting, profanity, obscenity, or failure of the player to conduct him/her in a sportsmanlike manner will be reasons for such action. These standards apply to the locker room as well as the ice.

The coaches report to the Coach-in-Chief. If no Coach-in-Chief is available or designated they report to the president, who then reports to the Board. If an occasion arises after the game or practice when a parent is dissatisfied with the results of the coaching, remember the “24-Hour Cooling Off Period”.

Wait 24 hours before contacting the coach about any situation. If the problem is not resolved contact the Coach-in-Chief / President.

SAHA will reimburse non-parent coaches for lodging, fuel expenses to and from the destination, and all coaching certification requirements. All invoices must be submitted electronically to the Treasurer to be eligible for reimbursement.

SAHA will reimburse parent coaches for all coaching certification requirements. All invoices must be submitted electronically to the Treasurer to be eligible for reimbursement. A \$300 stipend will also be granted at the end of the season, upon request, to the Board to parent coaches for assisting our program.

SECTION 7 **OFFICIALS**

It is in the sole discretion of the SAHA Referee in Chief to make decisions regarding scheduling and supplying referees for each age group. Our referee pool is limited. Many of our referees perform other duties within SAHA and may not be available on certain weekends. Training situations for officials are critical to grow our referee pool and may occur at any age group at the discretion of the Referee in Chief.

SAHA follows the guidelines for appointment of officials as outlined in Rule 501 in the USA Hockey Rule Book.

SECTION 8

SCHOLARSHIP PROGRAM

8.1 – BACKGROUND

The purpose of the SAHA Scholarship Program is to assist deserving families in meeting the financial requirements of participating on a SAHA hockey team when that family is unable to meet the full obligation due to financial hardship. Availability of scholarships will be dependent on available SAHA funds and will be limited to a partial scholarship (no more than 50%) per family for a particular season. Scholarships will not be available to those who are participating in other travel/select programs. Scholarships will not be considered to families who do not volunteer during home games or complete their wreath sales, as set forth in Section 10.

In order to determine the need and make scholarship funds available in the most equitable and fair manner, it is necessary to collect certain financial and personal information. This is done on the application form itself, which is made available to the SAHA Board only for the purposes of evaluating scholarship availability. Information collected is not shared outside the Board. It is the Board's intention to keep the process as confidential and discreet as possible.

SAHA is not obligated to distribute scholarship funds equally.

In the event a hardship arises during the course of the season or a first-time player registers past the deadline, a family may fill out an application form and submit it to the Board for consideration.

8.2 – PROCEDURE

Procedure to apply for a scholarship:

1. Fill out the application form in this section before August 14th.
2. Email the application to the president
3. All scholarship applications will be reviewed by the board and acted upon.
4. If a scholarship is granted, an individualized discount code will be emailed for use in the online registration system.

8.3 – RESPONSIBILITIES OF THE SCHOLARSHIP GRANTEE

1. Volunteerism is an important component of the program. The player and their family will be required to complete all volunteer duties assigned to them by their team managers or the SAHA Board for home and away games. (Girls, 14U, and 18U players can trade officiating time if they are USA Hockey certified.)

2. The player will be expected to remain in good academic standing. HS-aged players that are ineligible at any point in the season will be asked to come before the Board and explain the circumstances and plan of action to raise their grades.
3. The player must demonstrate dedication through consistent attendance at team practices and games and exhibit positive sportsmanship.

It is a privilege to receive financial assistance and therefore inappropriate behavior, or violation of the responsibilities above could result in removal from the team, the family being required to pay back the scholarship amount, or forfeiture of scholarships in future seasons.



SHERIDAN AMATEUR HOCKEY ASSOCIATION

SCHOLARSHIP REQUEST 2025/2026

Player's Name:	
Age & Division:	
Parent/Guardian Name:	
Email:	
Phone:	
Was this player rostered on a SAHA team last season?	
If so, please indicate which home games your family volunteered for by fulfilling GameSheet or game clock duties.	
Has this player received a SAHA scholarship before? If so, indicate the season(s).	
Generally families requesting scholarships are asked to contribute a portion of the fees and to commit to volunteering. What amount of assistance are you requesting?	
<input type="checkbox"/> 25% support (family pays 75%, SAHA covers 25%) <input type="checkbox"/> 50% support (family pays 50%, SAHA covers 50%) <input type="checkbox"/> Other: _____ Please note SAHA scholarship discount is applied to a full rate fee (i.e. recipients can't apply both multi-skater discount, early-bird, and scholarship to the same fee)	
Please state below the circumstances surrounding your request for scholarship assistance from SAHA. In addition, please comment on which support activities (i.e. volunteering, tournament hosting, Christmas wreaths, etc.) you have participated in and/or plan to participate in to help defray costs.	

SECTION 9

VOLUNTEER OPPORTUNITIES

Volunteer hours are an integral part of the Sheridan Amateur Hockey Association and are greatly needed to run our organization. We appreciate the work that everyone does to help make our children's hockey experience a positive and enjoyable one. The SAHA Board and your Team Manager will offer a variety of volunteer opportunities for families to choose from and shall assign duties if necessary. If you are assigned a duty and do not perform those duties, your child may be considered Not in Good Standing with the association.

SECTION 10

FUNDRAISING

10.1 – CHRISTMAS WREATH FUNDRAISER

All players shall participate in the yearly Christmas Wreath fundraiser. This fundraiser is a major contributor to our yearly expenses, assisting with ice costs, ref costs, coaching certifications and travel, and other operational expenses. This fundraiser is one of the major reasons why SAHA has lower registration costs.

10.2 – OTHER FUNDRAISING

Any additional tournaments or fundraising activities must be approved by the Board prior to initiating fundraising activities. All donations made shall be addressed to Sheridan Amateur Hockey Association and delivered to SAHA to be accounted and distributed. Any monies raised shall benefit the entire organization.

SECTION 11

NON-WAHL GAMES & TOURNAMENTS

11.1 – GENERAL

Each team will be allotted \$400.00 per season to use on tournament registration, ice fees for hosting scrimmages, team building, etc.

SAHA will pay 100% of all tournament entry fees for Mites and Mini-Mites.

Any team representing SAHA in non-WAHL competition must seek Board approval prior to committing to the event. The Board will require the roster to be open to all SAHA players in the appropriate age level and a SAHA endorsed/USA Hockey certified coach must be on the bench.

The SAHA Registrar needs at least 10 days' notice to create a roster for non-WAHL games and/or tournaments.

SAHA will not build USA Hockey rosters for tournament teams or non-WAHL games that have non-SAHA members on the requested roster. Non-WAHL tournament rosters shall be vetted through the Board President before being sent to the Registrar.

11.2 – TEAM WYOMING

It is SAHA's understanding that, per the WAHA Annual Guide, that Team Wyoming teams operates as follows:

Team Wyoming teams will play before and after the WAHL regular season schedule and work with WAHL to ensure that all Team Wyoming players are available for all Team Wyoming activities. Tournaments and games will be played prior to November 1st of the current season, suspended during the WAHL regular season, and resuming play immediately after the State Tournament finals.

Game schedules for SAHA teams will not be altered to cater to Team Wyoming. Players that opt to skate for SAHA and Team Wyoming shall prioritize SAHA teams first and Team Wyoming second if there are conflicts. Any deviation from this rule shall be handled by the appropriate age-level head coach and may result in reduced playing time, etc.

SECTION 12 PRACTICES AND GAMES

12.1 – EXPECTED PRACTICE & GAME CONDUCT

1. All games and tournament schedules will be posted as soon as possible.
2. All practice schedules will be posted by Sheridan Ice.
3. Two to three practices per team per week is the goal.
4. Practices are mandatory. The coach must approve excused absences. Coaches have discretion on disciplinary actions for players that miss practice.
5. Any additional ice time not purchased by SAHA and outside of a SAHA regularly scheduled practice time shall be open to all skaters in that age-group in order to remain covered by SAHA. Any restrictions on who may attend from the age group, will cause the ice time to be unsanctioned, and not covered by SAHA or USA Hockey's Insurance.
6. Unexcused absences from practices or games may result in exclusion from play in one or more periods of the next game at the coach's discretion.
7. To participate in the State Tournament each player must participate in 50% of games as per WAHL Rules.
8. Players shall not occupy a locker room any earlier than 30 minutes before a practice and no earlier than 45 minutes before a game. A locker room monitor or a SAHA certified coach shall be present before occupying a locker room. This includes just "dropping off your bag".
9. Cell phones are not allowed in the locker rooms.

12.2 – PRACTICE AND GAME SCHEDULES

SAHA works with Sheridan Ice on the practice schedule. The practice schedule has been developed in coordination with Sheridan Ice to provide maximum opportunities for SAHA players as well as accommodating other programs that use the ice rink. SAHA will not entertain suggestions on taking ice from other programs, no matter how they use their ice time.

WAHL game schedules are determined the third weekend of September where all WY hockey associations meet and determine the schedule. Usually, this involves determining which weekend the teams can play each other. The schedule is then brought back and shared with Sheridan Ice to ensure no scheduling mistakes were made.

The state scheduler determines who each team in the state plays and whether they are home or away. SAHA does not determine which teams we play and which destinations we travel to. SAHA will do the best they can to accommodate long trips (i.e. Pinedale/Jackson) during the scheduling meeting.

SECTION 13 **RESERVED**

SECTION 14 **RESERVED**

SECTION 15 **CODE OF CONDUCT**

The SAHA Code of Conduct shall be signed by the player and guardians and uploaded as part of the online registration process.

1. Consent of Parents/Guardians

I give permission for the player to participate in Sheridan Amateur Hockey Association (SAHA) organized activities. This permission covers participation to play hockey and by granting this permission, I am also agreeing to the terms and conditions established by SAHA for Activities as set forth herein and/or as otherwise established by SAHA.

2. Activity Insurance Waiver

There is a potential that players participating in amateur hockey may suffer injury during athletic practice or competitions. The coaches in our association take precaution to protect players from injury, however, injuries still can occur. On rare occasions these injuries or accidents can be so severe as to result in total disability, paralysis or even death. By providing consent herein you acknowledge that even with the best coaching, use of the most advanced

protective equipment and strict observance of rules, injuries or accidents are still a possibility.

SAHA does not provide insurance for players' participation in Activities. Parents and players are expected to provide their own health insurance and agree to be responsible for any medical expenses incurred. By providing consent herein you are agreeing to accept financial responsibility for any medical expenses incurred by the player as a result in his/her participation. SAHA may carry catastrophic insurance coverage in certain circumstances. You are encouraged to contact SAHA with any questions in this regard.

3. Personal Property Liability Waiver

SAHA will not be liable for the loss of any personal property during events, practices, travel or otherwise. This includes, but is not limited to, electronic devices of any kinds. SAHA encourages all players to leave at home valuables and non-essential items that may become subject to theft or damage.

4. Release, Waiver and Hold Harmless Agreement

I understand that involvement in hockey has certain inherent risks. Other risks or injury to the player and property could possibly arise from participation in this activity. In consideration for the player being allowed to participate in hockey, I accept and assume these risks and hereby waive any claims arising from the player's participation in hockey, including without limitation, claims arising from the acts of negligence of the SAHA or its trustees, employees, agents, and representatives. Furthermore, I hereby agree to defend, indemnify, and hold harmless SAHA and its employees, agents, and representatives from any such claims, causes of actions, liabilities, judgments, and damages whether made by me, the player, or players' parents or guardians that result or stem from the player's participation in the activity. I hereby warrant that I am the legal custodian and/or guardian of the player and have the authority to execute this document.

All participants in SAHA shall abide by a code of ethics, which will earn them the honor and respect that participation and competition in hockey affords. Any conduct that results in dishonor to the player, the team, or SAHA will not be tolerated.

Unacceptable conduct includes, but is not limited to:

- Acts of unsportsmanlike conduct such as cheating, fighting, use of threatening language or obscene gestures towards officials, contestants, coaches, or spectators. All players are to be considerate of out-of-town teams, tournament officials, hotel/motel employees, game officials, etc.
- Theft or vandalism of private property. Any acts of disrespect or insubordination to the rink staff, public spectators, parents, coaches, or the law.
- Any hazing activity whether by an individual or by a group. Hazing is defined as any activity that recklessly or intentionally endangers the mental or physical health or safety of a player for the purpose of initiation, membership, or affiliation with any athletic team.

- **Cyber Image Guidelines.** It is contrary to SAHA guidelines for a player to participate in any way in any identifiable image (including photographs, videos, typed communications, emails, text messages, blogs, social media, and other forms of electronic communications) which could be considered criminal, harmful, or in any other way deemed inappropriate. This includes, but is not limited to, images or language that could be considered sexual harassment in nature or that suggest the player has been in possession of or in the presences of drugs, tobacco, alcohol or vaping/e-cigarette devices, out of character behavior, or any crime. Since it may be difficult to establish a time frame for when or the location of where the image was taken, the player must assume the responsibility of avoiding these situations. Players should also be aware and should take precautions against persons who would attempt to implicate an athlete by taking images to place them in situations where they might be in violation of this standard.
- **Presence of drugs, alcohol, tobacco, vaping or e-cigarette device.** The more a player has access to and/or is familiar with tobacco, alcohol, and drugs, the greater the likelihood that he or she will use those substances. Similarly, the more often a player is in the presence of others using tobacco, alcohol, or drugs, the greater the likelihood that he or she may be accused, rightly or wrongly, of the use of these substances. Disciplinary action for misconduct (unacceptable conduct) may include probation, suspension from the next contest or more than one contest, dismissal from the team, other action that reasonably fits the seriousness of the violation or other disciplinary action as set forth herein.

5. Profane, Abusive, or Threatening Language, Obscene Gestures, and Abuse of Officials, Coaches, and/or Teammates

During the hockey season, players on or off the ice participating in SAHA club activity (including out-of-town games, in-town games, and all practices), shall not use profane or abusive or threatening language, make obscene gestures, regarded as despicable or obnoxious, or abuse officials, coaches, and/or teammates.

First offense: Suspended from all SAHA activities for one (1) full weekend, a minimum of two (2) games, and practices of a period of seven (7) consecutive days.

Second Offense: Suspended from all SAHA activities for two (2) full weekends, a minimum of four (4) games, and practices of a period of fourteen (14) consecutive days.

Third Offense: Suspended from SAHA activities (including games and practices) for the remainder of the season.

6. Major Penalties, Match Penalties, and/or Ref Incident Reports Reviewed by WAHL Officials and/or USAH Officials

Repeated fighting, major penalties, match penalties, and unsportsmanlike conduct will not be tolerated, and players will be dealt with in the following manner. All Major and Match Penalties are subject to review by WAHL and USAH and may result in additional suspensions. SAHA will comply with all WAHL and USAH requirements and decisions. Any player that receives a major or a match penalty will be suspended immediately from all SAHA activities until a decision has been made by the discipline committee at the WAHL/USAH level.

6.a – Major Penalties

First offense: Suspended from all SAHA activities for one (1) full weekend, a minimum of two (2) games, and practices of a period of seven (7) consecutive days.

Second Offense: Suspended from all SAHA activities for two (2) full weekends, a minimum of four (4) games, and practices of a period of fourteen (14) consecutive days.

Third Offense: Suspended from SAHA activities (including games and practices) for the remainder of the season.

6.b – Match Penalties

SAHA reserves the right to impose additional suspensions after WAHL/USAH has reached their decision on match penalty reviews.

First Offense: At a minimum and subject to the board's discretion, suspended from all SAHA activities for two (2) full weekends, a minimum of four (4) games, and practices of a period of fourteen (14) consecutive days.

Second and third offenses will be dealt with at SAHA's discretion.

7. Tobacco/Nicotine products, Alcohol, Drugs, vaping devices, e-cigarettes, advanced personal vaporizer (AVP's) and Weapons

Players who participate in any extracurricular activity may not use, possess, sell, distribute, or be under the influence of alcohol, tobacco/nicotine, vaping devices, other drugs, unauthorized medication, performance enhancing drugs, look-alike drugs, or drug related paraphernalia. This policy remains in effect during the SAHA season. All suspected violations are to be reported to SAHA. Weapons (guns, knives, bombs etc.) shall not be brought to SAHA activities on the grounds

during practice or games during home or travel activities. The preliminary investigation will be conducted by the head coach/sponsor. Disciplinary action for violations of this policy shall be as follows:

First Offense: Suspended from all SAHA activities for one (1) full weekend, a minimum of two (2) games, and practices of a period of seven (7) consecutive days.

Second Offense: Suspended from all SAHA activities for two (2) full weekends, a minimum of four (4) games, and practices of a period of fourteen (14) consecutive days.

Third Offense: Suspended from SAHA activities (including games and practices) for the remainder of the season.

8. Board and Coaching General Disciplinary Powers

The SAHA Board and Disciplinary Committee retain the right, regardless of the procedures set out above, to call a player before the committee when, in their opinion, the offense in question warrants an in-person hearing.

Nothing contained herein is intended to be a substitute for or to replace coaches' general authority to correct or hold players accountable for improper player behavior. If players are misbehaving, not following the rules, or disregarding the coaches' instructions, coaches may, for example, provide appropriate verbal correction and/or limit practice or game ice-time to hold a player accountable. Limiting a player's ice-time in such circumstances is not considered a suspension under this policy and the player's related conduct will not, necessarily, require a coach to report or refer a player to the Discipline Committee.

If a board member's player is involved in any Code of Conduct violation, said board member shall abstain from all disciplinary matters.

9. Confiscation or Destruction of Private or Public Property

Players who are participating in any SAHA activities shall not confiscate (steal) or destroy any public or private property for any reason. The Player is required to appear before the Discipline Committee for review and must reimburse at the Player's expense all costs of items confiscated or destroyed. The Player is subject to disciplinary actions including suspension, deemed appropriate by the Discipline Committee.

*** It is understood that it is a violation of the City of Sheridan Ordinances to deface or destroy any public property, and therefore, such a violation will be reported to the Police Department. ***

10. Hazing

Hazing of any nature whether physical, mental or emotional is not accepted or condoned and will not be tolerated at any age level. Any incident shall be reported to the age group representative or the President of SAHA who will refer all reports to the Discipline Committee for review and appropriate action.

11. Disciplinary Actions

Any disciplinary actions imposed by the Discipline Committee will be served along with any WAHL and/or USA Hockey imposed penalties (per USA Hockey Rulebook, USA Hockey Annual Guide or the State Referee in Chief). Disciplinary actions imposed by the Discipline Committee will be served concurrent to USA Hockey penalties unless specifically noted.

The disciplinary committee has final discretion with regards to punishment as necessary for all offenses

Discipline Committee actions will remain on file for a period of three (3) years from the time of the incident, and further offenses will be deemed consecutive within that time frame whereas related to sections 1, 2, 4, and 5.

12. Forfeiture of Fees

In the event a player is suspended, regardless of the length of time, the player will not be entitled to a refund.

13. Broadcasting of SAHA Activities:

Each player and his or her parent(s)/guardian(s) hereby acknowledge that SAHA activities may be broadcast to the public via radio, television, internet, live video programming or other means of transmission. Each player and his or her parent(s)/guardian(s) hereby consents and agrees to such broadcasting and grants permission to SAHA to utilize the player's image, likeness, actions and statements in any live or recorded audio, video, or photographic display or other transmission, exhibition, publication or reproduction made of or at, SAHA activities without further authorization.

14. Code of Conduct for Parents/Guardians/Spectators

The success of SAHA depends upon the active participation of parents, guardians, and volunteers. Parents/guardians are encouraged to participate in all activities of SAHA. The ultimate responsibility for a child's behavior belongs with the parent/guardian. Detrimental or unsportsmanlike conduct by a child, parents/guardians or both may result in the suspension of the child, parents/guardian or both.

- A. Abusive behavior, gestures or language towards players, coaches, officials or other parents/spectators will not be permitted or tolerated.
- B. Grievances should be submitted in writing to the Age Group Representative or the President of SAHA, not to the coaches, referees, or team managers.
- C. Except at the expressed request of the coach, parents/guardians and all other non-participants are required to be in the stands and away from the players' benches during the game. Interference by parents/guardians/spectators during a game will result in the following actions taken by the Board:
 - a. First Offense – The offender will be barred from attending games and/or practices for a period of seven (7) consecutive calendar days.
 - b. Second Offense – The offender will be barred from attending all games and/or practices for the remainder of the season.
- D. Parents/guardians are expected to make sure players attend all practices and games on time and should notify coaches, assistant coaches, or team managers as far in advance as possible if their child will be absent from a game or practice.
- E. Parents/guardians/spectators are requested not to offer comments or advice during games or practices since these may conflict with the coaches' strategy or lesson plan at the time. Parents/guardians/spectators are expressly prohibited from complaining directly to coaches or referees. This type of action will be dealt with disciplinary action as noted above. Anyone refusing to abide by the decisions will result in the offender being barred from the ice rink.